

# Covid-19

## Frequently Asked Questions

September 2021



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### What do I do if . . . .?

Below are answers to some frequently asked questions. If you cannot find the answer to your question, please contact us at school on 020 8864 8544 or [help@northolthigh.org.uk](mailto:help@northolthigh.org.uk).

#### My child has symptoms - what should I do?

- Your child cannot attend school
- Your child must self-isolate for 10 days from first symptoms
- Your child must take a PCR test

#### My child has symptoms but the LFD home test was negative

- Your child cannot attend school
- Your child must self-isolate for 10 days from first symptoms
- Your child must take a PCR test

#### My child had a positive LFD home test

- Your child cannot attend school
- Your child must self-isolate for 10 days from the day of the test
- Your child must take a PCR test

#### The PCR test gave a different result to the LFD home test. What do we do?

- A PCR test is more sensitive than an LFD home test. You should follow what you are told with your PCR test results.

#### What is self-isolation?

- The person who is isolating must not leave the home for any reason
- They can only leave the home to get a PCR test or if they are in danger in the home

#### How do I count the 10 days of self-isolation?

- The day when the person first had symptoms or had a positive test if they have no symptoms is day 0.
- You must then count 10 days
- So if the symptoms or test were on the 15th of the month, the 15th is day 0, 16th is day 1 etc. The isolation ends at 23:59 on the 25th. The first day out of isolation is the 26th.

**Where can I get a PCR test?**

- Call 119 or
- Order a test online at [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test) or
- Go to a walk-in centre. Click on the links below for details:  
[Ealing](#)   [Harrow](#)   [Hillingdon](#)   [Hounslow](#)   [Brent](#)

**If my child is unwell does the rest of my household need to self-isolate?**

- Anyone under 18 years and 6 months does not need to isolate
- Anyone over 18 years and 6 months and fully vaccinated does not need to isolate
- Anyone over 18 years and 6 months and not fully vaccinated must isolate

**My child has been in contact with someone who tested positive for COVID-19**

- Your child does not need to self-isolate
- You are advised to get your child a PCR test

**An adult in my household has been in contact with someone who tested positive**

- Anyone under 18 years and 6 months does not need to isolate
- Anyone over 18 years and 6 months and fully vaccinated does not need to isolate
- Anyone over 18 years and 6 months and not fully vaccinated must isolate
- Everyone who is a close contact is advised to get a PCR test

**An adult in my household has symptoms**

- Anyone under 18 years and 6 months does not need to isolate
- Anyone over 18 years and 6 months and fully vaccinated does not need to isolate
- Anyone over 18 years and 6 months and not fully vaccinated must isolate
- Everyone in the household is advised to get a PCR test
- Anyone who develops symptoms must follow the advice above

**An adult in my household has tested positive**

- Anyone under 18 years and 6 months does not need to isolate
- Anyone over 18 years and 6 months and fully vaccinated does not need to isolate
- Anyone over 18 years and 6 months and not fully vaccinated must isolate
- Everyone in the household is advised to get a PCR test
- Anyone who develops symptoms must follow the advice above

**Should we keep doing LFD home tests?**

- Yes, everyone is advised to continue to do LFD tests at home twice a week

### Where can I get more LFD tests?

- Test kits will be issued to students. They will have enough until October half term in the first instance.
- You can get test kits for anyone else in your household by ordering them online here [Lateral Flow tests](#) or from many local pharmacies. Search [here](#) to find your nearest one.

### What are the rules on self-isolation now?

	Who needs to self isolate?		
	Under 18 years and 6 months	Over 18 years and 6 months and fully vaccinated	Over 18 years and 6 months and not fully vaccinated.
Person with symptoms	Yes	Yes	Yes
Person with positive LFD test	Yes	Yes	Yes
Person with positive PCR test	Yes	Yes	Yes
Person living with someone with symptoms	No	No	Yes
Person living with someone with a positive test	No	No	Yes
Person who is a close contact of someone with a positive test	No	No	Yes
Person told to self-isolate by NHS Test & Trace	Yes	Yes	Yes

**If you have any other questions, please do not hesitate to contact us at school.**