

Northolt High School newsletter



Committed to excellence

Friday 2 October 2020

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Extra-curricular activities at Northolt High

We have now planned our extra-curricular activity offer for the Autumn Term which I have shared with you below. These details will also be posted on our website so you will always be able to find them. Unless clubs require specialist teaching rooms, they will all take place in the Year Group zoned areas. Unfortunately this means that the range of clubs available to individual students is reduced compared to last year and students may see a club offered in a year group which they cannot attend this term. Please encourage your children to feed back to teachers about the clubs they'd like to run as we will refresh this offer on a termly basis and may be able to make changes so that everyone gets a chance to attend the clubs they are passionate about.

Thank you again to parents who responded to our survey about home learning clubs before and after school. We are only able to run two before school clubs this year, for students in Years 7 and 11. This is because we didn't get enough interest for this offer from parents of students in other year groups. Again, please keep in touch with us as we will review this termly – but for now the breakfast club facility will only be available for these two year groups.

I am pleased that we have an extended offer after school available for students in Years 7 – 11 with after school clubs on offer for all year groups every day of the week. Please encourage your students to join in. There is no cost to our clubs apart from your children's time! Click on the links below to see the offer for each year group.

[Year 7](#)

[Year 8](#)

[Year 9](#)

[Year 10](#)

[Year 11](#)

[Sixth Form](#)

Ms Budd - Headteacher

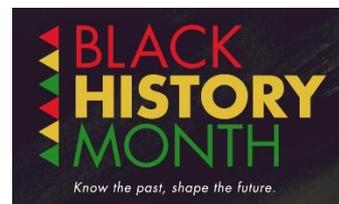
Daily Mile Success!



In the first week of students taking part in the daily mile we had records broken more than once! Jack in 7AHA has set a record of running 21 times around the track in the 15 minute time slot! Jack said that the Daily Mile is fast becoming his favourite part of the day, and he can't wait to see how his fitness develops over the year.



October is:



This month we dedicate school assemblies, lessons, competitions and activities in recognition of international Black History Month. We can't wait to share more about what students have taken part in over the month, in our upcoming newsletters.

Seizing opportunity

Instilling ambition

Realising potential

Our new staff – Meet Ms Garwood, English teacher

I was born in Croydon but grew up in Wiltshire. My favourite book is "Men in the Sun" by Ghassan Kanafani, my favourite play is "Everyman" (Carol Ann Duffy adaptation) and my favourite word is "obstreperous".

I have loved my start to the year at Northolt High School. The students are so brave with their ideas and are making incredible connections between the real world and the written word. I am very excited to see their work develop as the year goes on!



Free Bike Adjustments

Dr Bike is a bicycle health check where adjustments are made to your bike, such as pumping the tyres and adjusting the brakes or gears but no major work will be carried out.

It's free and no booking in advance is required.

Dr Bike locations:

Hanwell Clock Tower, Station

Road/Cherington Road Junction 2-5pm on:

- 3 October
- 31 October
- 28 November

Acton Market, Outside Morrisons 2 – 5pm on:

- 24 October
- 21 November
- 19 December

West Ealing Farmers' Market, Uxbridge Road 9am – 12 noon on:

- 10 October
- 7 November
- 5 December

Southall Square, Outside Lidl 2 – 5pm on:

- 17 October
- 14 November
- 12 December

Haven Green, Ealing Broadway Cycle Hub 10am – 1pm on:

- 24 October
- 21 November
- 19 December



Helping students prepare for their futures

Northolt High School is delighted to be joining forces with a brand new digital platform called [Upskill Me](#). This allows students to record their achievements as they progress through school and to record their careers education journey. All our students will be signing up next week.

Here's what Upskill Me says about their service: "Upskill Me partners with UK schools to help students aged 11 to 18 prepare for their future. To be successful today, students need more than just good grades. They need to build a diverse set of skills that they can take into jobs and universities. That's where Upskill Me comes in: our platform provides brilliant opportunities for students to develop and record their skills development. Through Upskill Me, young people succeed".

A Brighter, Greener Northolt

Would you like to help make our community brighter? Take part in this exciting opportunity for you and your family to plant trees and flowers in and around the Racecourse Estate. For more information and to book your place, take a look [here](#).



Covid-19 symptoms

To reduce community transmission of the coronavirus, you must keep your child at home if your child or anyone else in your household develops coronavirus symptoms. The main symptoms of coronavirus are: • **high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) • **new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual) • **loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you are keeping your child at home you must contact Ms McMurdie, our attendance officer, on **02088648544 extension 705**. She will then be able to advise you further.

Don't forget to use our [google classroom](#) to access all learning if you must stay at home.