



Further information for families

Our Relationship and Sex Education policy was created in collaboration with staff, students and families. When we spoke to families we heard that many parents and carers were keen to discuss these topics with their children but weren't sure on the best places to go for advice, resources or just to check something out.

We have published our Schemes of Learning on our website and alongside each topic there are links to specific information. However, we know many families will want to do their own research but would like some ideas of where to start.

Below are links to some trusted organisations with a wide range of information and guidance on relationships and sex as well as a wide range of other issues.



NSPCC

Respected charity with a wide range of information for young people and their families as well as a helpline for parents and carers [here](#)



Childline

A variety of great advice for young people and their families as well as a helpline for young people [here](#)



Family Lives

Fantastic advice on all aspects of bringing up teenagers [here](#)



Young Minds

A leading mental health charity with advice and guidance for young people and their families [here](#)



FPA

Sexual health charity with resources for talking to young people about sex and relationships [here](#)



Brook

Advice for young people and families on relationships and sex [here](#)



UK Safer Internet Centre

Advice on all aspects of keeping young people safe online [here](#)