



Scheme of Learning and further information for families

Unit title: Sex and Relationships	Year group: Year 9	Term: Summer	Unit duration: 3 weeks
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Key skills, concepts and knowledge for students	Further information for families
Understand the laws relating to sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.	<p>FPA factsheet about the law and sex here</p> <p>NSPCC advice on FGM here</p> <p>NSPCC advice on domestic abuse here, on sexual abuse here and on online abuse here</p> <p>NSPCC advice on child sexual exploitation here and on grooming here</p> <p>Childline information on forced marriage here and on grooming here</p> <p>Young Minds support on abuse here</p>
Know how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).	<p>Video about consent here</p> <p>Family Lives advice on talking about consent here</p> <p>Family Lives advice about abusive relationships here</p> <p>Brook advice on sex and consent here</p>
Know how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.	<p>Childline advice on healthy relationships here</p> <p>NHS leaflet about talking to your child about sex and relationships here</p> <p>Family Lives guidance and video on healthy relationships here</p> <p>Brook advice on relationships here</p> <p>NSPCC advice on talking about sex and relationships here</p>
Know how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing	<p>Childline advice on contraception and safe sex here</p> <p>Childline information on STIs here</p> <p>NHS advice on sexual health here</p> <p>Brook advice on contraception here</p> <p>Brook advice on STIs here</p>

Please note: the links above are suggestions from trusted organisations but we are not responsible for the content which may change at any time.