



**NORTHOLT
HIGH SCHOOL**

Committed to excellence

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13 March 2020

Dear Parents / Carers

Weekly update to parents

I thought it would be useful for us to provide you with a weekly update so that we can share with you any information or actions that the school is taking in response to the Coronavirus.

You will probably already be aware that the Government have moved the 'Delay' phase of their action plan. We all need to follow this new advice.

From this point on, to support the delay of the spread of the virus, the Department for Health and Social Care has asked anyone who shows certain symptoms to stay at home for 7 days, regardless of whether they have travelled to affected areas. This means people should stay at home and avoid all but essential contact with others for 7 days from the point of displaying mild symptoms, to slow the spread of infection.

The symptoms are:

- a high temperature (37.8 degrees and above);
- a new, continuous cough.

You do not need to call NHS 111 to stay at home. If your symptoms worsen during your stay at home period or are no better after 7 days contact NHS 111 online at 111.nhs.uk. If you have no internet access, you should call NHS 111. For a medical emergency dial 999.

The Government have made it clear that at this stage there is no need for schools to close on a temporary basis. Just so that we are prepared, we have been making plans about how we would continue to educate your children should this advice change. We would do this by setting work using our online platform, Google Classroom. All students have a log in to this and teachers can easily set them work in this way. If your child does not have internet access in order to complete this work, we will post work home to you. Please get in touch with the school if your child would not be able to access the internet to see the work they have been set. You can tell us by:

- Telephoning the school office on 020 8864 8544;
- Asking your child to tell a member of staff - either a form tutor or a member of the office staff;
- Emailing us on admin@northolthigh.org.uk

We are continuing to remind students about the importance of the three key actions they need to take:

- Wash your hands often - with soap and water, or use alcohol sanitiser if handwashing facilities are not available.
- Cover your cough or sneeze with a tissue, then throwing the tissue in a bin. See Catch it, Bin it, Kill it.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

We shared details of the dedicated Department for Education helpline with you in last week's letter. I have also emailed these details to all students. This helpline is for students, parents and staff members in schools should you have any questions about the virus. The details of this are below:

- Phone: 0800 046 8687
- Email: DfE.coronavirushelpline@education.gov.uk
- Opening hours: 8am to 6pm (Monday to Friday)

Finally, please be aware of the Government guidance about travel abroad and what to do if you are concerned that you may have symptoms of the virus. You can find all of this information on the following website: <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

If you have any questions or concerns which have not been answered in this letter, please get in touch.

Many thanks in advance.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Marion Budd', written in a cursive style.

Marion Budd
Headteacher