



**NORTHOLT
HIGH SCHOOL**

Committed to excellence

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17 March 2020

Dear Parents / Carers

Coronavirus: staying at home guidance

We have received advice today about updated guidance which is designed to prevent the spread of Coronavirus infection to others.

The most common symptoms of coronavirus are:

- new continuous cough and/or
- high temperature.

For most people, coronavirus (COVID-19) will be a mild illness. However, this is not the case for all groups of people. To prevent the infection spreading to others, we must all follow this guidance:

- if you live alone and you have symptoms of coronavirus illness, however mild, stay at home for 7 days from when your symptoms started.
- if you live with others and you or one of them have symptoms of coronavirus, then all household members must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill
- it is likely that people living within a household will infect each other or be infected already. Staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

Please do not send children who have a new cough and/or high temperature into school. If anyone in your household develops a cough and/or high temperature, you must also keep your child away from school. It is important that we all follow this guidance. You can see full details of this 'Staying at Home' guidance [here](#).

There is no need to worry about your child's attendance at this time. Please telephone the school to tell us why your child is away, following our usual procedures. We will then contact you to set work that your child can complete.

School events

We have decided to postpone Year 8 Parents' Evening which was due to take place on Thursday 19th March. I will send a separate letter to Year 8 Parents about alternative arrangements we have made for students' option choices. Other trips and visits, including PE fixtures, have also been postponed.

I'm sure you will join me in thanking our staff who are supporting your children to understand and cope with what is a very difficult situation. We have put some guidance for you to help you talk to your child about the Coronavirus on our website which you can find [here](#). I hope that this is helpful.

I will continue to update you should we have any more news.

Thank you for your support. Please contact us if you have any questions, either by phoning in or emailing admin@northolthigh.org.uk

With best wishes

Yours sincerely

A handwritten signature in black ink, appearing to read 'Marion Budd', with a horizontal line extending from the end of the signature.

Marion Budd
Headteacher